



Serving people of all ages with a Continuum of Services...since 1881

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Program Partner Name: Family & Children's Center

Classification: Multi-Service Focus

Federal I.D. #: 39-0821863

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Family & Children's Center

Mission: Family & Children's Center is a regional, private, not-for-profit agency that helps children and adults overcome social, emotional, or mental challenges to enable them to enjoy a greater sense of well-being in their families, homes, and community.

Overview: Family & Children's Center has been providing services to children and families for 125 years. In September, 2006, Family & Children's Center merged with Family Service of Winona, adding outpatient counseling to the continuum of care. The Center has locations in Winona and Rochester, Minnesota, as well as La Crosse, Viroqua, Black River Falls, and Holmen, Wisconsin.

Our services in Winona include:

- **Alternative Education** – LEADERSHIP school is for at-risk youth. This program is highly structured and holds students accountable for their actions with well defined rewards and consequences for their behavior.
- **Day Treatment** – For students who need additional counseling or clinical attention, we offer a half-day treatment program of group and individual therapy in concert with a half day of schooling.
- **Youth Home** – For children who have suffered physical, sexual or emotional abuse, our youth home provides a therapeutic, home-like setting where therapists and youth counselors help the children work through the difficult aspects of their lives. Youth in this program often attend our alternative education and day treatment programs
- **Outpatient Counseling** – With counseling services for individuals, couples and families, we help people address a broad range of issues – anxiety, depression, major life changes, self esteem, chemical abuse, divorce, sexuality and personal relationships and more.
- **In-Home Counseling** – To establish goals for a family or individual, In-Home Counseling is effective with a wide range of family issues including parenting skills, physical abuse and neglect, school concerns, marital counseling, blended families and chemical dependency.